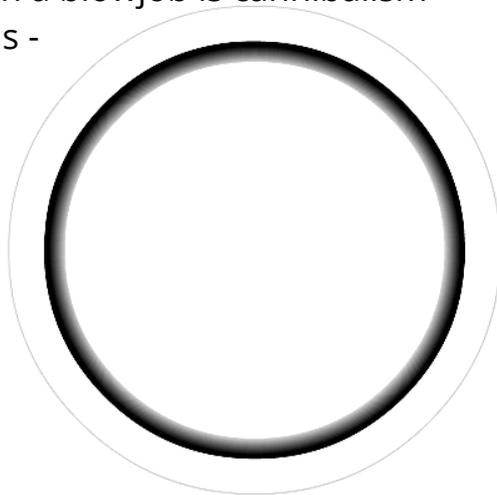


CRAFTING FOR CHOICE - POSTERS, BUTTONS AND WHEAT PASTE - OH MY!

Poster & Buttons Prompts

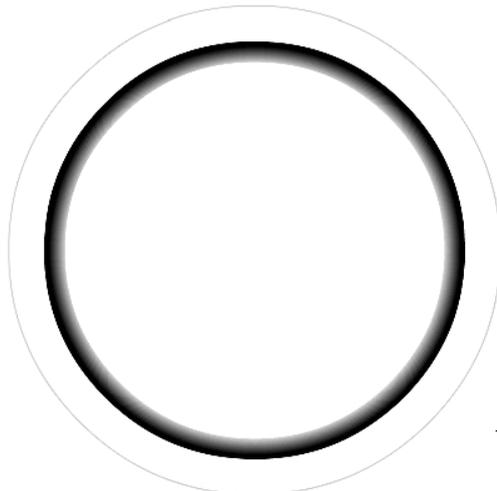
- Join the NRJ Rapid Response Committee!
- Reproductive access is a trans health care issue!
- Abortion is health care!
- Access to abortion saves lives!
- Criminalizing abortion won't save lives - It will take them!
- Pro-family, pro-child, pro-choice!
- Pro-life, that's a lie, you don't care if people die!
- Pro-life means anti-choice.
- Not the church, not the state, people will decide their fate!
- My body, my choice! Your body, your choice!
- If you're against abortion, don't have one!
- Girls just want to have fun ... and access to health care!
- Sugar & spice & reproductive rights!
- Abortion is a [complex, difficult, agonizing] decision!
- Anti-choice is "I know what's best for you." Pro-choice is "you know what's best for you."
- If abortion is murder, then a blowjob is cannibalism
- Anti-choice & have a penis - get a vasectomy!

Buttons Size & Design 2.25 "



Wheat Paste Ingredients & Supplies:

- 4 parts water
- 1 part flour
- pot
- whisk!



Niagara Reproductive Justice (NRJ)

IG & FB:

@niagarareproductivejustice

Website:

niagarareproductivejustice.com

Community Orgs to check out:

OPIRG Brock

opirgbrock.com

Positive Living Niagara

positivelivingniagara.com

Brock SJC

facebook.com/BrockSJC

**Abortion Rights Coalition of
Canada (ARCC)**

www.arcc-cdac.ca

For more, please visit
niagarareproductivejustice.com/other-organizations-2/

NOTES:

CRAFTING FOR CHOICE - YOU MUST WHISK YOUR WHEAT PASTE!



Instructions:

1. Whisk one part flour with four parts water in the pot until there are no clumps left over.
2. Heat the pot over medium ish heat and whisk!
3. YOU MUST WHISK YOUR WHEAT PASTE, otherwise it may be clumpy (bad) or burn (also bad).
4. Whisk until your wheat paste just starts to bubble, it should be a creamy consistency. Remove from heat.

Ingredients & Supplies:

- **4 parts water**
- **1 part flour**
- **pot**
- **whisk!**

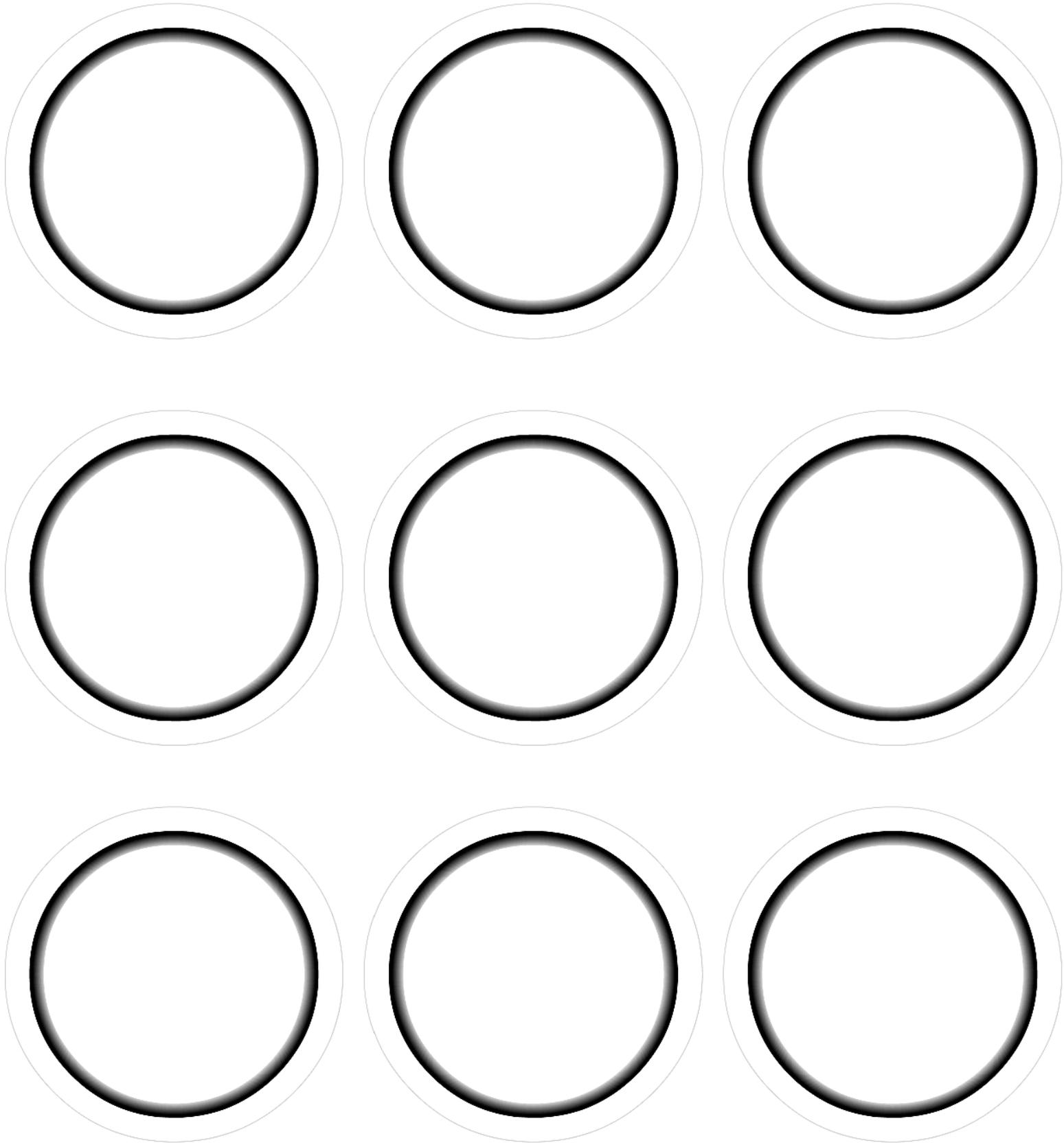
Tips & Tricks:

- There are many ways to make wheat paste. It can be made in a similar method by whisking together boiling water from a kettle with flour. This method can make a wheat paste that is more watery, as the ratio of flour to water is harder to maintain.
- The flour to water ratio is not a hard and fast rule; many people don't use a ratio or this ratio and their wheat paste is still as strong as glue. A watery wheat paste may be more useful for different scenarios, as long as your wheat paste is not clumpy it will work.
- To put up your posters using wheat paste:
 - Use a paint brush to cover the surface you are pasting to in a layer of wheat paste that is slightly larger than the size of your poster.
 - Put up your poster on top of the layer of wheat paste and try to make sure there are no wrinkles or bubbles, these will make your posters easier to rip down.
 - Cover the poster in another layer of wheat paste.
 - Tip: Try to choose a surface that is as smooth as possible (e.g. glass or concrete) and try to avoid any surface that is very porous like wooden hydro poles. These also tend to have a lot of staples jutting out.

Safety Considerations

- Wheat pasting posters on hydro poles and telephone poles is legal; wheat pasting posters onto private property falls under vandalism laws. Some municipalities or regions may have created by-laws to reduce or eliminate the practice of wheat pasting posters.
- These by-laws have been challenged by a band in Peterborough that got fined for wheat pasting posters promoting a concert. Posters were banned, in this by-law, from being posted anywhere but the "community message boards" that the city had throughout the city center. The band challenged the ban as a violation of the right of the public to freedom of expression under The Canadian Charter of Rights and Freedoms. [link](#).
- If someone asks you what you are doing while you are wheatpasting, do not engage, just walk away.
- While wheat pasting is legal under The Charter, you should avoid cops while you are wheat pasting. It can be done during the day safely, but you should always be aware of your surroundings and avoid cops. Yes, I said it twice for a reason.
- Consider your privilege:
 - If you are white, it is safer for you to do this. If you are not white, this can be more risky.
 - Think about the unhoused people who live in the area you are wheat pasting in. Do not put them at risk.

BUTTONS SIZE + DESIGN 2.25 INCHES



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